1 00:00:14,320 --> 00:00:17,400 Fake news appears in many different forms,

2 00:00:17,480 --> 00:00:20,480 from obviously ridiculous clickbait headlines

3 00:00:20,560 --> 00:00:22,560 to deliberately deceptive articles

4 00:00:22,640 --> 00:00:25,520 pretending to be reports about serious issues.

5 00:00:25,600 --> 00:00:30,440 When we come across these stories online, it's easy to get sucked in.

6 00:00:30,520 --> 00:00:33,640 But why do we fall for inaccurate, sensational

7 00:00:33,720 --> 00:00:36,200 and dangerous news articles?

8 00:00:36,280 --> 00:00:42,200 Why do they spread so far and so fast across the world?

9 00:00:42,280 --> 00:00:45,280

The major reason that fake news is so popular

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00:00:45,360 --> 00:00:49,440 is because of the way it makes us feel.

11

00:00:49,520 --> 00:00:54,680 People have strong emotional responses to these articles, so they drag us in.

12

00:00:54,760 --> 00:00:58,880 And we don't use our common sense to judge if the story is true.

13

00:00:58,960 --> 00:01:01,800 Instead of reading news articles and looking for facts,

14

00:01:01,880 --> 00:01:05,840 it's easy to get distracted by how we feel about stories,

15

00:01:05,920 --> 00:01:10,840 both good and bad, when we see attention-grabbing headlines.

16

00:01:10,920 --> 00:01:13,080 Our responses are intensified

17

00:01:13,160 --> 00:01:16,880 by the way we interact with news and information.

18

00:01:16,960 --> 00:01:22,360

We're all busy, and it's easier to get our news in short formats to save time.

19

00:01:22,440 --> 00:01:25,600

The news never stops coming in from all around the world.

20

00:01:25,680 --> 00:01:29,920

Day and night, our newsfeeds keep updating.

21

00:01:30,000 --> 00:01:33,400

When there is never a break from news stories popping up,

22

00:01:33,480 --> 00:01:38,240

it's easy to quickly skim and scroll. When we're only reading a headline,

23

00:01:38,320 --> 00:01:41,160 listening to a sound bite or looking at a Tweet,

24

00:01:41,240 --> 00:01:44,560

it's hard to get

all the different sides to a story.

25

00:01:44,640 --> 00:01:48,000

Only the most dramatic and controversial parts of an article

26

00:01:48,080 --> 00:01:49,880 make the headlines.

27

00:01:49,960 --> 00:01:54,320 This can mean we don't read more deeply to understand the context.

28

00:01:54,400 --> 00:01:57,280 And the less we know about a particular issue,

29

00:01:57,360 --> 00:02:01,120 the harder it is to pick up inconsistencies, misinformation

30

00:02:01,200 --> 00:02:05,840 and other details that suggest a story isn't correct.

31

00:02:09,160 --> 00:02:12,600 But one of the most common reasons we engage with fake news

32

00:02:12,680 --> 00:02:18,080 is because we like facts that back up opinions and beliefs we already have.

33

00:02:18,160 --> 00:02:20,320 This is called confirmation bias,

34

00:02:20,400 --> 00:02:24,280 and it's a powerful tool in the spread of fake news.

35 00:02:25,680 --> 00:02:28,000 When we experience that superior feeling

36 00:02:28,080 --> 00:02:30,960 of being proved right about an important topic,

37 00:02:31,040 --> 00:02:33,880 we want to share those stories.

38 00:02:36,000 --> 00:02:41,920 Fake news is designed to manipulate our emotions and fears.

39 00:02:42,000 --> 00:02:47,480 We are hardwired to focus on negative behaviours, events and expectations.

40 00:02:49,920 --> 00:02:55,000 And when information is endlessly repeated, eventually we believe it.

41 00:02:56,600 --> 00:03:01,520 Fake news relies on, and also encourages, our lazy thinking habits.

42 00:03:01,600 --> 00:03:04,800 It's quicker and easier to believe what we read

43

00:03:04,880 --> 00:03:09,920 than to put in the time to question and analyse what we've been told.

44

00:03:10,000 --> 00:03:14,560 Let's look at some actual fake news stories and how they sucked people in.

45

00:03:18,200 --> 00:03:21,120 In 2016, the US presidential election

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00:03:21,200 --> 00:03:24,680 was the biggest news story on the planet.

47

00:03:24,760 --> 00:03:28,640 There were thousands of articles floating around about the candidates,

48

00:03:28,720 --> 00:03:31,440
Donald Trump and Hillary Clinton.

49

00:03:31,520 --> 00:03:36,000 One particular story blew up on Facebook during the election race.

50

00:03:36,080 --> 00:03:41,760
"Pope Francis shocks world,
endorses Donald Trump for president."

51

00:03:41,840 --> 00:03:46,480 This news article was read by over a million people on Facebook,

52

00:03:46,560 --> 00:03:53,080 but it was written by a fantasy news website called WTOE 5NEWS.

53

00:03:53,160 --> 00:03:55,400 So why did this article become so big

54

00:03:55,480 --> 00:03:59,400 when a few clicks could easily show people that it wasn't true?

55

00:04:01,880 --> 00:04:06,640 It was the intense, emotional impact of the story.

56

00:04:06,720 --> 00:04:09,840 Popes never comment on political elections,

57

00:04:09,920 --> 00:04:13,840 and the news that Pope Francis had broken the rules for Donald Trump

58

00:04:13,920 --> 00:04:18,200 served as significant confirmation bias for his supporters.

59

00:04:18,280 --> 00:04:24,080

It was also a source of intense outrage for those who did not support him.

60

00:04:24,160 --> 00:04:26,760

The pope holds

a powerful spiritual position

61

00:04:26,840 --> 00:04:29,160

for Roman Catholics across the world.

62

00:04:29,240 --> 00:04:31,640

They value his opinions and guidance.

63

00:04:31,720 --> 00:04:36,480

They would want to know who he was endorsing and could follow his example.

64

00:04:36,560 --> 00:04:38,440

The combination of powerful figures

65

00:04:38,520 --> 00:04:41,440

with the highly controversial idea

behind the story

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00:04:41,520 --> 00:04:47,680

encouraged people to read,

spread and share the fake news.

67

00:04:48,600 --> 00:04:52,320

Fake news can also take advantage

of people's innate wish

68

00:04:52,400 --> 00:04:54,760 for everything to be OK.

69

00:04:54,840 --> 00:04:59,120 In 2020, a wave of panic and fear spread across the world

70

00:04:59,200 --> 00:05:01,520 during the COVID-19 pandemic.

71

00:05:01,600 --> 00:05:05,960 During this stressful time, good news articles began appearing.

72

00:05:06,040 --> 00:05:08,160 These were stories about animals flourishing

73

00:05:08,240 --> 00:05:13,960 as humans were forced to stay home. One story quickly went viral.

74

00:05:14,040 --> 00:05:19,840 "Nature is taking back Venice. Dolphins return to canals."

75

00:05:21,200 --> 00:05:23,400 This story was spread by tweets

76

00:05:23,480 --> 00:05:27,280 containing a video of dolphins frolicking in the clear water.

77

00:05:27,360 --> 00:05:32,360 One tweet received over 40,000 likes.

78

00:05:32,440 --> 00:05:36,840 However, the story wasn't true.

79

00:05:36,920 --> 00:05:40,680 The video was actually shot in a different Italian city

80

00:05:40,760 --> 00:05:44,280 three years before the pandemic.

81

00:05:44,360 --> 00:05:48,720 Why did this fake story become such an online sensation?

82

00:05:50,400 --> 00:05:52,480 People wanted to find a positive spin

83

00:05:52,560 --> 00:05:55,320 on the deeply concerning events of the pandemic,

84

00:05:55,400 --> 00:05:59,600 so they were less critical and didn't check the video carefully.

85

00:06:00,800 --> 00:06:03,960 If people want to believe fake news is true,

86

00:06:04,040 --> 00:06:07,600 they are less interested in checking whether it is.

87

00:06:07,680 --> 00:06:11,000 One fake news writer interviewed by the BBC

88

00:06:11,080 --> 00:06:14,400 said that the top comment he receives on his articles is:

89

00:06:14,480 --> 00:06:17,480 "I hope this is true."

90

00:06:20,360 --> 00:06:24,760 Emotive images and persuasive language in false, misleading articles

91

00:06:24,840 --> 00:06:27,800 sometimes encourage us to avoid thinking critically

92

00:06:27,880 --> 00:06:31,560 about the news we consume and share.

93

00:06:31,640 --> 00:06:34,840

We're also wired to believe fake news.

94

00:06:34,920 --> 00:06:40,720 Confirmation bias, our natural fears, our desire for good things to be true

95

00:06:40,800 --> 00:06:43,520 and our tendency towards lazy thinking

96

00:06:43,600 --> 00:06:48,640 combine to make many of us very easily duped.